



Sarcoma Cup 2010 Notice of Race



Please register by August 25th to avoid late fees

When: August 28, 29, 2010

Hosted By: Berkeley Yacht Club - with the support of Richmond Yacht Club, South Beach Yacht Club and Berkeley Marina

Sponsored By: BeatSarcoma

The Sarcoma Cup (www.sarcomacup.org) is a charity fund-raiser and celebration of the sailing life that features great racing, excellent dockside activities, and support for a very worthy cause. All proceeds beyond costs will go towards research for a cure for Sarcoma, the 'forgotten cancer' - and we will strive to cover all costs through some form of sponsorship. The Sarcoma Cup trophy itself was custom-made for the event and donated by Jerry Kermode, a world-class woodworking master.

So plan on having a great time and supporting a good cause! See www.beatsarcoma.org for details on the nonprofit charity behind this event and the [event website](#) from more detail about the Cup itself.

Eligibility/Rules:

All one-design classes and PHRF racers are invited to this event. Multihulls are welcome on Sunday. The regatta will be governed by the Racing Rules of Sailing (2009-2012). Good Karma, prizes and trophies given for charity donations and exceptional sailing. The race committee will communicate with participating yachts via VHF radio; the operating channel will be published in the Sailing Instructions.

Racing:

Saturday's Races will be conducted in the vicinity of the Southampton Shoal/Berkeley Circle. There will be a start for each one-design class or PHRF fleet with 5 or more boats, and a cruising division. This year, there is a new perpetual trophy instituted for all Beneteau First Series boats: the First Passage Perpetual Trophy which will be awarded on Saturday. The race committee may establish two separate racing areas to minimize the interactions of fleets. All buoy race results will be used to calculate and score each fleet (no throw-outs). Warning is at 1100.

Sunday's Race - Most fleets will sail a reverse-handicap long-distance race 'Islands of Hope', around islands within the bay, starting in the Southampton area and finishing off bear the Berkeley Marina breakwater. The J105 fleet will be given 2 buoy races on Sunday, in the Southampton/Berkeley Circle area, by prior arrangement. Warning for all fleets is at 1100.

Other fleets desiring a buoy race on Sunday are requested to please contact the Regatta Chair, no later than 8/15. Availability of this option is limited and at the discretion of the race organizers.

Sailing instructions will be available no later than August 20 at www.sarcomacup.org or at Berkeley Yacht Club. Copies of the sailing instructions will be available on the day of the races.

Docking:

1200 Friday visiting yachts are welcomed to dock in the Berkeley Marina. A map of available docking space will be published early August at www.sarcomacup.org - these spaces have been generously made available to Sarcoma Cup racers by the Berkeley Marina. Berths will be allocated at no cost on a first come first served basis and while we do not expect to run out of space, we recommend that you contact sarcomacup@beatsarcoma.org to reserve a space as early as possible. The Berkeley Marina will make one of the launch ramps exclusively available to small boats racing in the Sarcoma Cup. Water taxis will operate in the marina and ferry passengers during the dockside event hours and can be ordered via **VHF channel 68** or by calling **415-200-7309**. Vessels are welcome to stay overnight at the BYC guest dock on Sunday. (modified Aug 21)

Tides have been conveniently scheduled to allow deep draft vessels to enter and leave the marina in time for the key shoreside and racing events. Deep draft vessels should use the South gate to the marina and will have sufficient water to get to their slips and out of the harbor.

Overnight Sail Repair services will be offered by North Sails at the event.

Awards:

Fleet awards will be awarded on Saturday - Awards will be given to 1st and 2nd place for divisions with 5 boats and to 1st, 2nd and 3rd place for fleets with more than 5 boats. The Beneteau First Passage Perpetual Trophy will also be awarded on Saturday Sarcoma Cup perpetual trophy and pursuit race trophies will be awarded on Sunday. There will be a take home trophy for the winner of the Sarcoma Cup. There will also be awards given out to 1st, 2nd, 3rd and 4th place. There will also be awards given to the 14th and the 26th finisher and a 'Challenge your Wit' award. 'Challenge your Wit' scavenger hunt rules will be ready for pick up at the registration table on Sunday and are not to be open before your boat starts the race.

Spectator Rides:

Please contact sarcomacup@beatsarcoma.org if you would like to organize spectator rides.

Parking:

Public parking is available throughout the Berkeley Marina on a first come first served basis. The Sarcoma Cup volunteers will be operating water taxis to ferry people parked in far away lots to the Club house. Taxi boats will operate on demand - and can be ordered via VHF channel 68 or by calling the dispatch number 415-200-7309. A map of available parking and water taxi stops will be published early August.

Entry Fee:

- Saturday: \$ 1.25/ft
- Sunday: \$ 1.25/ft
- \$10 late fee after August 25

(or \$31.25 for 25 footer, \$33.75 for a 27 footer, \$37.5 for a 30 footer, \$46.25 for a 37 footer and \$50 for a 40 footer)

This is a great value, check out the next page for more details.

Registration: Register online at www.sarcomacup.org, opens July 22...

On the water photography: Ultimate Yachtshots will cover the Saturday races and Ultimate Yachtshots and the Marine Media Alliance will cover the pursuit race. **Free**

downloads will be available online at photo.beatsarcoma.org

Additional Racing Info: RYC Regatta Chair—Mark Lowry (MarkELowry@gmail.com)
General Inquiries: sarcomacup@beatsarcoma.org

Dockside Schedule of Events

Lots of cool stuff...Don't miss any of it!!!
[excellent sponsored freebie in bold ;-)]

August 18 Online charity auction will begin at <http://www.idonatetocharity.org/store/BeatSarcoma/>.

Bid on a personal flight, introduction to sailing classes, a ride on the Archambault 40, premium wine, diamonds, and many more items

You can participate in the **fundraising competition** and win some face time with Survivor winner [Yul Kwon](#) at: <http://www.active.com/donate/sarcomacup2010> (minimum of \$3,000 raised for lunch with Yul!) - this competition will close a few days after the event.



Or get your Sarcoma Cup shirt signed by Yul!

Race photos will be available after the race as **free downloads**.

Event shirts will be long-sleeve wicking shirts available for \$16. Hard to find that kind of shirts for so cheap!!

Open Sailing is hosting demo sails prior to the Sarcoma Cup. You can find out more at <http://www.opensailingusa.com/News/?p=1489>

Friday

1200 Participating yachts welcome to begin docking - if you have reserved a berth, please make arrangement w/ sarcomacup@beatsarcoma.org to pick up a dock key on Friday

2200 Online Charity Auction closes

Saturday

0745 Water Taxi service opens

0800 Skipper packet pickup, including Sailing World and Ocean Navigator magazine, discount coupons, one free massage coupon per crew per day of racing, free shirt, fridge magnet, etc...

0800 High value sailing item Raffle ticket sales open (\$5 a ticket)
0800 Event wicking shirt sales (unbeatable prices for a long-sleeve wicking shirt!) - \$16
0830 **Free gourmet coffee and pastries.** Coffee is donated by **Catahoula Coffee** (voted #1 in the Bay!)
1100 First warnings off Berkeley Circle. 3 buoy races. 2 courses
1100 Morning Shift for Water Taxi ends
1400 Water Taxi service opens
Immediately after the race **Free Keg Beer, free appetizers and wine bar, free massage**
1500 Live Rock Band, *the Blazing Saddles*
1800 Upscale dinner, slide show of race photos and mellow live music from the *Ukulele Ladies* - \$15 for adults, and \$12 for children under the age of 12
2000 Live band shifts gears and changes to the *Stephanie Teel rock band*, dancing until you drop!
1800 - 2200 Charity Auction Item pickup at Berkeley Yacht Club
2300 Taxi services close

Sunday

0745 Water Taxi Service opens
0830 Registration and Scavenger Hunt pickup opens
0900 Shirt Sale and Raffle Ticket Sales open (\$16 and \$5 respectively)
0900 Hearty or light Breakfast dockside for \$5. **Free gourmet coffee** delivered to your boat on request - donated by **Catahoula Coffee** (voted #1 in the Bay!)!!
1100 First warning off Berkeley Circle. Pursuit race 'islands of hope', or buoy races
1100 Water Taxi morning shift ends
ASAP after race finishes **Free beer, free wine, free snacks and free massage** - slide show of race photos
1600 Raffle Drawing - immediately followed by awards ceremony at Berkeley Yacht Club (featuring exquisite hand-carved trophies, valuable sponsored prizes)
Awards will be given out by the City of Berkeley Vice-Mayor, Mrs Linda Maio.
1700 Berkeley Yacht Club-hosted Dinner (\$7)

Two perpetual trophies will be awarded (with take home trophies for the skippers)

- Sarcoma Cup Trophy
- Beneteau First Passage Trophy

[Tidbits of Sarcoma Info...](#)

(unless otherwise specified, the source is National Cancer Institute)

- Each school day, 46 children are diagnosed with cancer in the US and 10 with some form of sarcoma
- 10 people/day will die of soft tissue sarcoma (Source: WrongDiagnosis)
- About 170,000 each year will be diagnosed with sarcoma around the world (Source: Wrong Diagnosis and national agencies. Warning: some statistics are difficult to gather in some developing countries)
- 20% of all childhood cancers are sarcomas. Sarcoma mostly affects children, teenagers and young adults
- 'Sarcomas is the most common hard tumor in young adults today' - (Institute Gustave Roussy, Villejuif, France)
- Sarcomas are uncommon cancers because it primarily affects children and young adults. The highest percentage of cancer occurrences is among the elderly. However, sarcoma destroys many more lives before they have time to blossom, thus contributes to many days that could have been

lived if it weren't for cancer.

- Studies released in 2008 by the Journal of the National Cancer Institute showed that children who survive cancers have an increased risk of developing a secondary sarcoma, compared with the general population
- The secondary cancer type most often developed by cancer patients as a side effect of radiotherapy is sarcoma.
- Osteosarcoma is the most frequent bone cancer. 60% of these tumors occur in children aged between 10 to 20 years-old (Institut Gustave Roussy at Villejuif, 2008)

Sarcoma has no cure today

Supporting sarcoma research will have a huge impact

- Important funding needs: Sarcomas are hard to diagnose, hard to detect and hard to treat. Biopsy is the only diagnostic tool and surgery often the only curative treatment. Many sarcomas resist current cancer treatments.
- High return on funds: Sarcoma research is still at the beginning of the learning curve. The incremental value of every dollar is high. Donors and sponsors can make a noticeable impact
- Far-reaching benefits: BeatSarcoma favors fundamental translational and early clinical research as opposed to late clinical trials. The funding needs there are greater and the benefits far-reaching.
- No "tax" levied on donations: Currently, 100% of funds raised through sarcoma cup support sarcoma research.
- Complete Transparency: BeatSarcoma publishes all relevant financial and medical information.
- Powerful Focus: In order to reach efficiencies of scale and a greater impact, BeatSarcoma is focused on sarcoma-related issues.

BeatSarcoma is organized around the idea of racing and sailing.
BeatSarcoma's founder is an active local sailor

For more information about BeatSarcoma's past research gifts, see - http://www.beatsarcoma.org/Beat_Sarcoma_s_Donations.html

